Short-term Disability Insurance

provided by Metlife

Receive financial support if you are unable to work due to an illness, accident, or other covered reason.



Ideal for you if:

- You would be financially strapped if you could not work for any length of time
- · You are planning a pregnancy
- You are currently living paycheck to paycheck

What does it cover?

- Pregnancy
- Critical illness such as cancer¹ or stroke²
- Injury resulting from an accident such as a car accident or house fire

What's Provided

MetLife Short-Term Disability Insurance supplements lost income if you cannot work for a covered reason. You can use these funds however you wish. Some ways you can use your Short-Term Disability checks include:

- Mortgage or rent payments
- Car payments
- Groceries

- Gas
- School supplies for children
- Medical premiums

Learn more

Specific exclusions vary by state. MetLife Short-Term Disability Insurance is not meant to replace traditional health coverage. Consider Short-Term Disability Insurance a source of supplemental financial help in the event of a covered illness or injury. For more details about this benefit plan and what's not covered, visit your benefits portal (coming soon.)

